Social Emotional Learning Library

Updated: May 2018

**A great online resource for finding helpful books (by topic):** <http://booksthathealkids.blogspot.com/>

\*Indicates a favorite

**Worry/Anxiety**

* \*Jack’s Worry by Sam Zuppardi
* Wemberly Worried by Kevin Henkes
* Wilma Jean the Worry Machine by Julia Cook
* What Do You Do with a Chance? By Kobi Yamada
* Jonathan James and the Whatif Monster Michelle Nelson-Schmidt

**Anger and Coping Skills**

* Jilly’s Terrible Temper Tantrums: And How She Outgrew Them by Martha Heineman Pieper
* I Can Handle It! By Laurie Wright
* Howard B. Wigglebottom Learns It’s Okay to Back Away by Howard Binkow
* \*When Sophie Gets Angry by Molly Bang
* \*Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst
* Charlotte and the Quiet Place by Deborah Sosin
* Crankenstein by Samantha Berger

**Bullying**

* Howard B. Wigglebottom Learns About Bullies by Howard Binkow
* Just Kidding by Trudy Ludwig
* My Secret Bully by Trudy Ludwig
* Say Something by Peggy Moss
* The Juice Box Bully by Bob Sornson
* The Recess Queen by Alexis O’Neill
* Chrysanthemum by Kevin Henkes
* \*One by Kathryn Otoshi
* The Secret Olivia Told Me by N. Joy

**Feeling Recognition**

* \*It’s Hard to Be Five: Learning How to Work My Control Panel by Jamie Lee Curtis
* Today I Feel Silly by Jamie Lee Curtis
* Listening to My Body by Gabi Garcia
* \*My Many Coloured Days by Dr. Seuss
* Listening with My Heart by Gabi Garcia
* Visiting Feelings by Lauren Rubenstein
* The Way I Feel by Janan Cain

**Friendship**

* Howard B. Wigglebottom Learns We Can All Get Along by Howard Binkow
* Enemy Pie by Derek Munson
* \*The Invisible Boy by Trudy Ludwig
* Chester’s Way by Kevin Henkes

**Resilience/Problem-Solving**

* \*After the Fall by Dan Santat
* What Do you Do with a Problem? By Kobi Yamada
* A Perfectly Messed-Up Story by Patrick McDonnell
* Even Superheroes Have Bad Days by Shelly Becker
* The Girl Who Never Made Mistakes by Mark Pett and Gary Rubinstein
* Beautiful Oops by Barney Saltzberg

**Classroom Skills**

Tattling

* Don’t Squeal Unless It’s a Big Deal by Jeanie Franz Ransom
* A Bad Case of Tattle Tongue by Julia Cook

Accepting No/Following Directions

* I Just Don’t Like the Sound of No! By Julia Cook
* Do Unto Otters by Laurie Keller
* Lily’s Purple Plastic Purse by Kevin Henkes
* You Get What You Get by Julia Gassman

Raising Your Hand/Talking

* \*My Mouth is a Volcano by Julia Cook
* Lacey Walker, Nonstop Talker by Christianne C. Jones
* \*Interrupting Chicken by David Ezra Stein and Andrew Watts

Paying Attention

* It’s Hard to Be a Verb by Julia Cook
* Howard B. Wigglebottom Learns to Listen by Howard Binkow

**Responsibility**

* \*The Bad Seed by Jory John
* But It’s Not My Fault by Julia Cook
* What If Everybody Did That? By Ellen Javernick

**Individuality**

* It’s Okay to Be Different by Todd Parr
* \*What Do You Do with an Idea? By Kobi Yamada
* Spaghetti in a Hot Dog Bun by Maria Dismondy
* The Dot by Peter H. Reynolds
* \*Stand Tall Molly Lou Melon by Patty Lovell
* Beautiful by Stacy McAnulty
* Giraffes Can’t Dance by Giles Andreae

**Kindness/Empathy**

* \*Have You Filled a Bucket Today? By Carol McCloud
* Those Shoes by Maribeth Boelts
* Stick and Stone by Beth Ferry
* Double Dip Feelings by Barbara Cain

**Personal Safety**

* Personal Space Camp by Julia Cook
* I Said “No” by Jack and Kimberly King